

# LEYBOURNE SS PETER & PAUL C E PRIMARY SCHOOL

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1<sup>st</sup> November 2016

Dear Parents and Carers

**Re: Run-a-mile Year 2 Tuesday 22nd November 2016**

On Tuesday 22<sup>nd</sup> November I would like to offer my Year 2 class the opportunity to 'run a mile' before school starts. They will be able to walk if running is too tiring for them. Many schools have trialled running or walking a mile before starting the day and have found that the benefit to energy levels, focus and participation in lessons is very positive, as well as keeping the children fit and healthy. It will mean that they need to come into school at approximately 8.20am as we will be starting at 8.30am promptly. They can come through the front entrance and straight into class so that I can take a quick register before we put our plimsolls on and set off!

Obviously your child does not have to take part in this, therefore it will be necessary for you to notify us of their participation by returning the slip below. This will enable us to make adequate provision for them during the event. I will be running this along with my team of Year 6 sports leaders. It will be a fun, relaxed and hopefully invigorating start to their school morning.

Kind regards

Mrs Wardle

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My child will/will not be able to take part in the 'Year 2 Run a mile' event.

Childs name ..... signed .....

*We promote the learning and development of all children to achieve their full potential in a caring, happy, Christian environment.*