

# LEYBOURNE SS PETER & PAUL C E PRIMARY ACADEMY



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24<sup>th</sup> May 2018

Dear Parent/Carer,

As you may be aware from your children, this year we have been implementing a new PSHE (Personal, Social and Health Education) Programme across our school, called 'Jigsaw, the mindful approach to PSHE'.

The lessons since September have built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way.

The Summer Term Puzzles (units) are about Relationships (unit 1) and Changing Me (unit 2).

The "Changing Me" Puzzle deals with key aspects of Relationships and Sex Education (to be referred to as RSE). The unit includes, in every year group, two or three lessons to help children understand the changes puberty brings and how human reproduction happens. There is a very serious safeguarding aspect to this work; obviously, the younger year groups are not looking at these issues directly and explicitly, but rather learning correct terminology for body parts and doing the foundation work for the learning that will follow in later year groups. The Years 5 and 6 lessons look more fully at puberty and reproduction.

As the materials are new and original, we wanted to give you an overview of what would be covered in each year group, and to explain how the lessons for each year group build upon prior learning. To this end, I have attached an overview of each topic, along with materials from Jigsaw explaining both the Jigsaw PSHE programme as a whole, and then the RSE element in more detail. If you require further information, or an opportunity to discuss the materials, we will invite you to attend a session at school at the very beginning of next term.

We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this.

We do, as always, want to work in partnership with parents and carers, and also wish to remind you of your right to withdraw your children from this aspect of the PSHE curriculum. Further information about this is included in the attached leaflets, although we hope you, like us, will see the materials in Jigsaw as educationally sound and beneficial to our children.

Please let us know if you would be interested in an opportunity to discuss the RSE element of the Jigsaw programme by emailing the school office, or advising your child's class teacher, by Friday 25<sup>th</sup> May. Thank you.

Kind regards

Tina Holditch

**We promote the learning and development of all children to achieve their full potential  
in a caring, happy Christian environment**



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